

**Major Focus for the Week**

**Today I am grateful for:**

**Today's Top 3 Priorities**

**Today I will fill my cup up by:**



| <b>To-Dos</b>          | <b>What were my wins today:</b>   |      |                      |        |                      |               |                      |        |                      |          |                      |     |                      |               |                      |                        |                      |
|------------------------|---|------|----------------------|--------|----------------------|---------------|----------------------|--------|----------------------|----------|----------------------|-----|----------------------|---------------|----------------------|------------------------|----------------------|
|                        | <p data-bbox="824 646 1365 737"><b>What is one thing I can improve on for tomorrow?</b></p> <p data-bbox="824 982 1219 1031"><b>Today's evening ritual:</b></p> <p data-bbox="857 1276 1398 1325"><b>Daily Keystone Habit Scorecard</b></p> <p data-bbox="834 1356 1421 1457">Give yourself one point (max) for each of the five areas if you feel you delivered on your commitment for the day.</p> <table data-bbox="938 1518 1279 1871"> <tr> <td>Self</td> <td><input type="text"/></td> </tr> <tr> <td>Health</td> <td><input type="text"/></td> </tr> <tr> <td>Relationships</td> <td><input type="text"/></td> </tr> <tr> <td>Wealth</td> <td><input type="text"/></td> </tr> <tr> <td>Business</td> <td><input type="text"/></td> </tr> <tr> <td>ARS</td> <td><input type="text"/></td> </tr> <tr> <td>Decompression</td> <td><input type="text"/></td> </tr> <tr> <td><b>Total for Today</b></td> <td><input type="text"/></td> </tr> </table> | Self | <input type="text"/> | Health | <input type="text"/> | Relationships | <input type="text"/> | Wealth | <input type="text"/> | Business | <input type="text"/> | ARS | <input type="text"/> | Decompression | <input type="text"/> | <b>Total for Today</b> | <input type="text"/> |
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