

WEEKLY REVIEW

What were my biggest wins this week?

- 1. _____
- 2. _____
- 3. _____

What were my opportunities for growth this week?

- 1. _____
- 2. _____
- 3. _____

What do I need help with and who do I need to reach out to?

- 1. _____
- 2. _____
- 3. _____

WEEKLY REVIEW

How did I do with my **COIL** commitments this week?

Self	/7
Health	/7
Wealth	/7
Relationships	/7
Business	/7
Summary of The Week	/7
Weekly Total:	/35

WEEKLY PLANNING

Top 2 Goals for This Quarter

1. _____

2. _____

Top Goals for This Week

1. _____

2. _____

3. _____

4. _____

5. _____

How I Am Growing This Week

1. _____

2. _____

3. _____

WEEKLY PLANNING

Keystone Habits for This Week

Self
Health
Wealth
Relationships
Business
Notes

