

A close-up, dark, and somewhat blurry photograph of a dog's face, focusing on its eyes and the bridge of its nose. The dog's fur is dark, and its eyes are a reddish-brown color. The overall mood is somber and contemplative.

The Gap

Get From Where You Are
To Where You Want To Be

	The Facts
Self	
Health	
Wealth	
Relations hips	
Business	



	The Facts	How Does This Make Me Feel?
Self		
Health		
Wealth		
Relations hips		
Business		



	The Facts	Patterns and Routines
Self		
Health		
Wealth		
Relationships		
Business		



	The Facts	Stories and Attitudes
Self		
Health		
Wealth		
Relationships		
Business		



	The Facts	What's Working	What's Not Working
Self			
Health			
Wealth			
Relationships			
Business			



	The Facts	12 Months From Now
Self		
Health		
Wealth		
Relationships		
Business		



	The Facts	12 Months From Now	How Does Being Here Make Me Feel?
Self			
Health			
Wealth			
Relationships			
Business			



	12 Months From Now	My Story About This Is...
Self		
Health		
Wealth		
Relationships		
Business		



	The Facts	90 Days From Now	12 Months From Now
Self			
Health			
Wealth			
Relationships			
Business			



	The Facts	The Gap	90 Days From Now	12 Months From Now
Self				
Health				
Wealth				
Relation ships				
Busines s				



Obstacles I Might Face Are...



When I Fill This Gap, I'll Be...



	90 Days From Now	Actions I Will Take This Week Are
Self		
Health		
Wealth		
Relationships		
Business		

